February 17, 2019 IMMACULATE CONCEPTION CHURCH, MILLHOUSEN, IN

Immaculate Conception Parish Community strives to live the Gospel by worshipping God, learning and sharing the Catholic Faith and serving the needs of others.

Bulletin information is due by Wednesday at 10:00 a.m. sisterdonna@millhousenchurch.com

Mass Intentions:

February 17 – Sixth Sunday in Ordinary Time – Alex Veerkamp

February 24 – Seventh Sunday in Ordinary Time – Kathryn Schoettmer

March 3 – Eighth Sunday in Ordinary Time – Darlene Huff

March 6 - Ash Wednesday – Bob & Romana Horan

March 10 – First Sunday of Lent – Margie Herbert

Dates to Remember

Feb. 26 - Faith Formation Commission, with Ken Ogorek 7:00 pm

Feb. 27 – Parent Meeting for First Communion 7:00 pm

Remittance 2/10/2019

| | Envelopes | |
|---|---------------|---------|
| * \$3,028 needed weekly to meet budget. | | |
| | Loose: \$ | 154.00 |
| Criterion: \$100.00 | Envelopes: \$ | 2079.00 |
| Energy: \$100.00 | Total: \$ | 2233.00 |

Remember in Prayer: Bailey Streiker, Dale Helms, Chris Mennel, Chris Owens, Stephen Koors, Jim Cobb, Theresa Cobb, Craig Simon, Cathy Wittkamper, Adam Lutterbach, Jim Koors, & Carl Moorman.

Liturgical Ministries

February 17 February 24

Sacristan: Ann Stier Dana Fledderman

Ushers/Greeters: Don & Jeanne Fry, Mike & John & Cindy Johannigman, Jerry

Kathy Kohrman & Dorothy Fry

Lectors: Mary Jo Wenning, LaDonna Hoeing Jeanne Fry, Jerry Fry

Eucharistic Ministers: Timothy Hoeing, Kathy Cindy Johannigman, LaDonna Hoeing,

Kohrman, Jeanne Fry, Mark Stier Kenny Stier, Brian Huff

Servers: Tony, Mary Schwering, Evan Wullenweber Hunter Collins, Ben Stier, Colton Johannigman

Musicians: Men's Choir

Sarah & Donna Schwering with Abby

Gift Bearers: Jedd & Alison Ortman family

Scott & Nicole Schoettmer family

Counters: June Johannigman, Pauline Schoettmer, Cindy Johannigman, Emery Mapes, Aaron Gault

Gretchen Stone

Church Cleaning: February - Beth Schwering (chairperson), Sheila Diekhoff, Donna Schwering, Cindy Stone, Diane AmRhein, Steve AmRhein

Faith Formation Commission: On Tuesday, February 26^{th} from 7:00-9:00 pm at Immaculate Conception (Millhousen), Ken Ogorek, Archdiocesan Catechetical Director, will offer a workshop on Faith Formation Commissions. The workshop is suitable as a refresher for long-time commission members, an orientation for new members, or an info session for prospective members. Please email kogorek@archindy.org to register.

While Immaculate Conception is sponsoring, hosting this event, it is being presented by the Office of Catechesis, and being offered multiple times throughout the Archdiocese. This February event will be offered to all members of the Batesville Deanery. Please register in advance so that accommodations can be made. We will need volunteers to bake cookies, to offer hospitality and to be greeters. Sign up sheets in the entryway.

Upcoming Events:

Blood Drive: St. Maurice Church in Napoleon is hosting a Community Blood Drive at their Parish Hall on Tuesday, February 19th from 12:30 - 6:00 pm. To schedule an appointment on-line go to www.hoxworth.org/groups/napoleon, or call Arlene Gehl at 812-852-4394.

Bingo for Haiti – St. Anthony Church, Schad Hall, Morris, will host a **Benefit Bingo**, Sunday February 24th, games begin at 2:00pm. All proceeds go to the St. Anthony/St. Louis Haiti Mission. Serving the poorest of the poor. Chili Supper with assorted desserts, Door prizes, TV raffle, all are welcome! (Must be 18 to play bingo or pull tabs). To donate door prizes or desserts call Donna Doll at 812-212-2966.

Bread of Life 12th Annual Fundraiser – Turkey &Noodle Drive-Thru Dinner. Thursday, March 7,2019, 4-7 pm. Call for tickets now! \$10 each, available at various locations. Online at eventbrite.com or see bulletin board. Still in need of Bacon, Solid Crisco, Green Beans, and Chicken Base.

Hospice and Palliative Care Conference – March 11, 2019, Catholic Center, 8:30-12:00, sponsored by the Archdiocese, with support from St. Vincent and St Francis Hospitals. Register: https://hospiceandpalliativecare2019.eventbrite.com

Various Prayer Services, Retreat opportunities available. Please see bulletin for so many opportunities.

This would be a very good first step to preparing for Lent:

ON THE PHYSICAL DEATH OF JESUS CHRIST

February 26, 2019

7:00 pm

Led by Dr. Mary McCullough

St. Mary Parish Greensburg

Jesus of Nazareth underwent Jewish and Roman trials, was flogged, and was sentenced to death by crucifixion. The scourging produced deep stripe-like lacerations and appreciable blood loss, and it probably set the stage for hypovolemic shock, as evidenced by the fact that Jesus was too weakened to carry the crossbar to Golgotha. At the site of crucifixion, his wrists were nailed to the patibulum (crossbar) and, after the patibulum was lifted onto the upright posts (stipes), his feet were nailed to the stipes. The major pathophysiologic effect of crucifixion was an interference with normal respirations. Accordingly, death resulted primarily from hypovolemic shock and exhaustion asphyxia. Jesus' death was ensured by the thrust of a soldier's spear into his side. Modern medical interpretation of the historical evidence indicates that Jesus was dead when taken down from the cross.

Journal of the American Medical Association.

Hope Forgiveness Healing – "**Project Rachel**" a post -abortion healing ministry. Begin to hope again. "Do not give in to discouragement and do not lose hope . . . if you have not already done so, give yourself over, with humility and trust, to repentance. The Father of mercies is ready to give you his forgiveness and his peace." Saint John Paul II, The Gospel of Life. Healing Retreat March 1-3, 2019. Call 317-452-0054. (Confidential)

Gratitude as a Daily Practice – One may define gratitude as "the quality of being thankful." Or we could think of it as an attitude, emotion, personal trait, or behavioral practice. However we define it or understand it, gratitude is an important component of our daily lives and can carry deep meaning on all social and personal levels of interaction. Perhaps not by accident, when learning a new language, "thanks" is usually one of the first words taught and learned. Expressing thanks is seen as a universal sign of respect, and politeness, and humility, all across time and for all cultures. The act of thanking, conveys caring for the other person. When gratitude is expressed genuinely, it has value beyond the words. It leaves both the person offering it, and the person receiving it, feeling better about themselves and others.

The concept of gratitude is a main tenet of the Catholic faith and is the basis for saying grace before meals. It is also a major reason for the celebration of the Mass, and for all prayer. The word "Eucharist" comes from the Greek word for "thanksgiving." Religious leaders frequently remind us of the importance of gratitude and thankfulness in our daily lives and in the practice of our faith.

Practicing gratitude can be an integral part of maintaining real contentment in our lives. During tough times when we find life a struggle, being grateful for life itself, with all of its circumstances, and making a ritual out of gratitude may seem contradictory, but it can provide an effective means through the emotion and difficulties. When we neglect gratitude, we may be neglecting to support others, in addition to losing a source of personal happiness. Research supports what we already know on a personal level, that giving thanks is a way to connect to something larger than ourselves and enhances feelings of optimism and wellbeing. More simply put: our emotional health can be improved through purposeful practices of gratitude.

Various studies have indicated a positive correlation between intentionally practicing thankfulness and an increased sense of personal happiness, along with decreased anxiety, depression, and more restful sleep. We may employ journaling, prayer, meditation, or social-connecting as a way of communicating gratitude directly to family or friends, as a means of tapping into a new power in our lives, power we can all manifest.

Find a simple but effective way of being, saying, or noticing for what or for whom you are grateful. Be creative, but take the time to practice. Just like physical muscles, our "gratitude muscles" can atrophy when not stretched. Remember to notice and appreciate your own gifts. Life is a gift from God. Saint Paul asks: "What do you have that you did not receive?" Give Thanks to the Lord, for he is Good! Everlasting is his love." Practice Gratitude Daily!